

2nd Annual Ohio Long-Term Care Symposium

October 18-20, 2019

Marriott Columbus University, Columbus, Ohio

Friday, October 18, 2019

2:00 pm – 3:00 pm **Registration**

3:00 pm – 6:00 pm **General Session – Major Psychiatric Disorders in Geriatric Patients**
Speaker: Amita Patel, MD, CMD, MHA, CPE

This session will consist of four common disorders seen in the geriatric population. Those disorders are Schizophrenia, Bipolar Disorder, Depression, and Anxiety Disorder. The prevalence of these disorders among the geriatric population are increasing. Each disorder will be broken down into epidemiology and presenting signs/symptoms. From this information, an accurate diagnosis can be made and management (non-pharmacological and pharmacological) can be initiated.

Session Learning Objectives:

- Understand the prevalence of Schizophrenia, Bipolar Disorder, Depression and Anxiety Disorder in the geriatric population
- Identify geriatric patients suffering from Schizophrenia, Bipolar Disorder, Depression and Anxiety Disorder
- Learn a few common non pharmaceutical and pharmaceutical treatments/interventions



Amita Patel, MD, CMD, MHA, CPE is a Geriatric Psychiatrist in practice since 1991. She is currently a director of Geriatric Psychiatry Inpatient unit at Wayne HealthCare in Greenville, Ohio, and Joint Township District Memorial Hospital in St. Marys, OH. She was a Clinical Associate Professor, Department of Psychiatry at Wright State University, Boonshoft School of Medicine from July, 1991 to September, 2014. She also served as a Director of Clerkship for a period of 5 years and was involved in Psychiatry Resident Education. She was a recipient of American Association for Geriatric Psychiatry; “Clinician of the Year Award” in 2005. Dr. Patel has published articles in *Psychiatric Times*, *McKnight’s Long Term Care News and Medscape*.

6:00 pm – 8:00 pm **Industry Reception and Dinner with Exhibitors**

Saturday, October 19, 2019

7:30 am – 8:30 am Industry Sponsored Breakfast and Visit Exhibits

8:30 am – 10:30 am General Session – Understanding the Legal Aspects of Medical Marijuana
Speaker: Alan Horowitz, Esq, RN

This session will examine Ohio's medical marijuana law with an emphasis on physicians. Physicians will appreciate that medical marijuana remains illegal under federal law. Case studies will explore how the various courts have treated medical marijuana.

Session Learning Objectives:

- Understand what Ohio law requires of physicians who recommend medical marijuana
- Appreciate the current federal legislative efforts
- Learn the legal risks associated with medical marijuana
- Appreciate the schizophrenic approach by the federal government and the states



Alan Horowitz is a partner at Arnall Golden Gregory, LLP. He focuses his practice on regulatory issues concerning skilled nursing facilities, home health agencies, and hospices. He served as Assistant Regional Counsel at the United States Department of Health and Human Services' Office of the General Counsel. Alan worked closely with and litigated cases on behalf of the Centers for Medicare and Medicaid Services (CMS) as well as having worked with the U.S. Attorneys' Office. Mr. Horowitz held clinical and management positions at major medical centers where he utilized his management skills as well as his background as a registered respiratory therapist and registered nurse. In 1976, he formed the first neonatal respiratory care team while at Hahnemann University Medical Center in Philadelphia. Mr. Horowitz served as the Acting Director of ECRI Institute's National Center for Independent Medical Review and also as the Director of Clinical and Legal Affairs for the Institute for Safe Medication Practices. Additionally, Mr. Horowitz served as in-house counsel and program director for a skilled nursing facility.

10:30 am – 11:00 am Refreshment Break with Exhibitors

11:00 am – 12:00 pm General Session – Patient-Driven Payment Model (PDPM)
Speaker: Peter Van Runkle

This session will provide an overview of the Patient-Driven Payment Model (PDPM), which is a new Medicare reimbursement system for skilled nursing centers that will take effect October 1, 2019. The presentation will contrast PDPM with the previous RUGs-based payment methodology and describe the enhanced role of physicians in the new model.

Session Learning Objectives:

- Understand the basic structure and incentives of PDPM
- Explain the key differences between RUGs and PDPM
- Identify the aspects of PDPM that require greater physician involvement



Peter Van Runkle is the Executive Director of the Ohio Health Care Association (OHCA), which is the state's largest organization representing long-term services and support to providers. OHCA membership includes skilled nursing, assisted living, ID/DD service providers, and home care and hospice. Peter has been involved with the association for 27 years. Before that, he worked for the Ohio Department of Health in the legal office.

12:00 pm – 12:30 pm Membership Meeting

12:30 pm – 1:30 pm Industry Lunch

1:30 pm – 2:45 pm Concurrent Sessions

Concurrent Session #1 – Clinical Approach to Lewy Body Dementias in Long Term Care: Parkinson's disease dementia and dementia with Lewy bodies
Speaker: Babak Tousi, MD, FACP

There has been an increase in the number of patients with Parkinson's disease dementia (PDD) and Dementia with Lewy bodies (DLB) in the long term care facilities (LTC) over past decades, but there are very few studies addressing clinical feature and treatment strategies of these patients, who are mostly in advanced stages, raising concern that the residents may be misdiagnosed, sub optimally treated for motor symptoms and non-motor symptoms, especially behavioral changes. In this session, Dr. Tousi describes the clinical characteristics, and clinical management of patients with PDD and DLB in LTC settings. He will also address potentially modifiable elements of care and provide several recommendations and care plans to improve the management of these patients in these facilities

Session Learning Objectives:

- Describe the clinical features of dementia with Lewy bodies and recent changes in diagnosis criteria
- Learn skills in management of motor and autonomic dysfunction
- Understand the therapeutic options for the treatment of neuropsychiatric symptoms of Parkinson's disease dementia and Dementia with Lewy Bodies.

Babak Tousi, MD, FACP is a board certified geriatrician with dual fellowship training in geriatrics and movement disorders. His research efforts have included the study of the clinical and diagnostic characteristics of neurodegenerative disorders. He is currently the Head of Clinical Trials Program of the Cleveland Clinic Lou Ruvo Center for Brain Health. Dr. Tousi is also associate professor of medicine at the Cleveland Lerner college of Medicine. He is the principal investigator for numerous clinical trials for Lewy body dementias, Alzheimer's dementia and Parkinson's disease. He is a recipient of Jennifer B Langston community award from Alzheimer's Association, Cleveland Chapter. Recently, as a senior editor, he published a clinical hand book of "Neuro-Geriatrics" which helps physicians to approach these neurodegenerative diseases following a care path.

Concurrent Session #2 – The Challenges and Pitfalls of Implementing the PIP

Speaker: Barbara Messinger-Rapport, MD

Nursing homes are expected to improve future care by studying data on current problems. The process of identifying a problem, collecting relevant data, forming a team, developing an intervention, and assessing the results is called a performance improvement project. The Ohio Department of Aging expects at least one PIP per two years. This brief session helps medical directors and other team members understand how a PIP works and identifies technical skills that help them contribute to the team.

Session Learning Objectives

- Relate the PIP to the other 4 elements of the QAPI process
- Implement basic tools such as the SMART-AIM, Fishbone, pareto chart
- Associate variation in data to outcomes
- Utilize advanced excel features to speed up data analysis



Barbara Messinger-Rapport, MD is the Hospice Medical Director of Vinney Hospice, associated with Montefiore Nursing Home, Assisted Livings, Rehab, and Home Care. She completed a residency in General Internal Medicine and a fellowship in Geriatric Medicine. She is also certified in Hospice and Palliative Medicine, and holds CMD and HMDC certifications. She is an Associate Professor of Medicine at the Cleveland Clinic Lerner College of Medicine of Case Western Reserve University. She is an affiliate with the VA

Northeast Ohio and works with the Ethics Program on the Life Sustaining Treatment Decisions Initiative. IASSC Certified Lean Six Sigma Black Belt. Her special interests include quality of care at the end of life, safety, polypharmacy, and goals of care. When she is not working, she enjoys cycling, cross-country skiing, and jogging.

2:45 pm – 3:00 pm **Break**

3:00 pm – 4:15 pm **Concurrent Sessions**

Concurrent Session #1 – Acute Seizures in the Post-acute/Long-term Care Setting

Speaker: Nabil Khandker, MD

Seizures are one of the most commonly encountered neurological problems. Patients in the post-acute/long-term care setting may have increased risk of having seizures and sustaining injuries from them depending on their risk factors. A neurologist may not always be readily available for guidance when a patient experiences a seizure, so it is important that facility staff have some awareness of the recognition and management of seizures. Understanding of the situation may help avoid further injury to the patient and unnecessary ED/hospital transfers.

Session Learning Objectives

- Learn the classification, epidemiology, and risk of acute seizures in post-acute/long-term care setting
- Recognize acute seizures and differential diagnosis
- Manage acute seizures in a post-acute/long-term care setting
- Manage chronic seizures/epilepsy, including medication management and monitoring for common complications



Nabil Khandker, MD is a fellowship trained epileptologist at the Ohio State University Wexner Medical Center, where he is helping to build up the epilepsy program. He has a passion for medical education and always makes time to help his trainees and staff further their understanding of epilepsy.

Concurrent Session #2 – Advance Care Planning: Let’s Talk About Death – Exploring Values, Respecting Wishes

Speaker: Lisa Vigil Schattinger, MSN, RN

As Ohio’s older population grows, there is an increasing effort for people to understand their values with respect to end-of-life care and talk about them with loved ones and health care providers. This session will explore the documentation and policies that are in place to ensure that these values are respected with the end-of-life care they receive. The speaker will explore how policies in other parts of the U.S. are different from those in Ohio and outline ways to ensure that all Advance Care Plans are respected.

Session Learning Objectives

- Explore current death-positive efforts in the U.S.
- Discuss importance of Advance Care Planning (ACP) conversation and completion of Advance Directives
- Review current legal documents in Ohio that provide instruction about health care wishes
- Outline steps for people and health care providers to improve conversations and ensure EOL care



Lisa Vigil Schattinger, MSN, RN, founded Ohio End of Life Options in 2015. Her personal life experiences led her to this new education and advocacy path after a career as an RN and nurse practitioner. Her stepfather, Dr. Jack Rowe, used Oregon’s Death with Dignity Act in 2014. She wants to ensure that end-of-life care decisions are respected through more comprehensive systems and policies. Lisa has spoken to many civic, medical, and political communities and recently presented at the Bioethics Network of Ohio’s Annual Conference. She has been interviewed several times on Ohio NPR programs and for national publications. Originally from Oregon, Lisa earned her master’s degree in nursing from Case Western Reserve University.

4:15 pm – 5:30 pm Board Meeting

6:30 pm Industry Dinner

Sunday, October 20, 2019

8:00 am – 9:30 am General Session – Ohio Geriatric Research Update

Speaker: Research Presenters

Geriatric research is being conducted in multiple settings throughout the State of Ohio. This session provides the opportunity for participants to present recent study results and describe ongoing projects. The design and implementation of research being conducted particularly in the long-term care environment will be reviewed. Discussion will provide the opportunity for input to those conducting studies to improve relevance to practice patterns. The goal of the session will be to present new ideas, methods and delivery models that impact patient outcomes through the delivery of quality care.

Session Learning Objectives

- Understand the design and implementation process for conducting geriatric research in the long-term care environment
- Identify opportunities to participate in geriatric research projects
- Implement new evidence based guidelines into practice.



Todd Sobol, MD, CMD has 29 years of private practice experience as a General Internist specializing in Geriatric Medicine. During his tenure, he has served as a Medical Director in long term care facilities, assisted living, hospital, managed care and Hospice. Dr. Sobol served as an enthusiastic educator for students and residents at The Ohio State University College of Medicine and Wright State University Boonshoft School of Medicine. He has supported AMDA as a faculty member of the Core Curriculum for Medical Director Certification. He has supported the OMDA as President, Board of Directors Member and Program Chair. Dr. Sobol is currently the Senior Medical Director for Optum Complex Care Management in Ohio.

9:30 am – 10:00 am General Session – National Update: AMDA’s New Initiatives and Federal Policy Review

Speaker: Christopher Laxton, CAE

Hear about the latest national initiatives moving forward at AMDA and get a review of recent Federal policy changes affecting post-acute and long-term care (PALTC), as well as what’s on the horizon. This session provides a strategic overview of key trends taking place in PALTC, how Congress and CMS are responding, and AMDA’s continuing advocacy on behalf of our members, patients/residents, and families. In the face of continuous change, how can an individual get meaningfully involved and make a difference?

Session Learning Objectives

- Describe actions the Society is taking to gain visibility for qualified PALTC practitioners and evidence-based PALTC practices
- Recognize current health-system trends in PALTC
- Summarize recent and upcoming Federal legislative and regulatory changes affecting PALTC
- Assess options and opportunities to get involved in national, state and local activities



Christopher Laxton, CAE has over 35 years of experience in nonprofit leadership, governance and operations, primarily with healthcare organizations. Laxton was appointed Executive Director of AMDA – The Society for Post-Acute and Long-Term Care Medicine (AMDA) in February 2013. In addition to his role at AMDA, Laxton serves as Chair of the Board of Directors of the Advancing Excellence in Long-Term Care Coalition, and as a Board member of the Center for Excellence in Assisted Living. From 2008 until the present, Laxton has served as a National Examiner for the Malcolm Baldrige National Quality Award, the nation’s highest award for organizational excellence; this year, he was appointed to the panel of judges for that award.

10:00 am – 10:15 am Break

10:15 am – 11:15 am General Session – Antimicrobial Stewardship

Speakers: Yvonne Jones, MSN, RN, CIC, Robin Jump, MD, PhD, Cynthia Kuttner, MD, CMD

This is a case-based learning session hosted by an infectious disease specialist, an infection preventionist nurse, and a geriatrician/medical director on highlights of antibiotic usage in post-acute and long-term care. Stewardship of antibiotics will be stressed, as well as the benefits of working with an infection preventionist to enhance quality of care.

Session Learning Objectives

- Understand how to interpret urinalyses and cultures in patients with dementia and changes of condition. When to treat and when to monitor and observe.
- Use appropriate antibiotic stewardship in the evaluation and treatment of cellulitis/skin and soft tissue infections.
- Understand when/how to use isolation precautions and how this can improve compliance on your state survey
- Pearls on treatment of pneumonia, particularly focusing on duration of therapy and appropriate narrowing of antibiotic coverage
- Better understand the roles of infection preventionist and infectious disease consultant in the management of infectious conditions in a nursing home



Yvonne Jones, MSN, RN, CIC is a Registered Nurse who has been an Infection Preventionist since 2010. She earned her Bachelor of Science in Nursing at the University of Charleston in Charleston, West Virginia, and her Master of Science in Nursing Leadership and Management at Western Governors University, Salt Lake City, Utah. She is certified as an Infection Prevention and Control professional by the Certification Board of Infection Control and Epidemiology, Inc. (CBIC) and is a member of the Association of Professionals in Infection Control and Epidemiology (APIC). She is a champion for antibiotic stewardship (ABS) and had an article published in *Infection Control & Hospital Epidemiology* in July 2019 about a successful ABS collaborative effort in which she is involved. She currently works and resides in Chillicothe, Ohio.



Robin Jump, MD, PhD is an Infectious Diseases physician at the Louis Stokes Cleveland Veterans Affairs Medical Center and an Associate Professor at Case Western Reserve University. She has research funding from the VA, CDC and

AHRQ. Her long-term academic interests are to support antimicrobial stewardship in post-acute and long-term care settings in the VA and community. She recently developed a tele-stewardship program for rural VA settings. Dr. Jump is active with AMDA—the Society for Post-Acute and Long-Term Care Medicine and the Society of Hospital Epidemiology of America.



Cynthia Kuttner, MD, CMD is the medical director of the Chillicothe VA Community Living Center in Chillicothe, Ohio. She is a Clinical Assistant Professor at the Ohio University Heritage College of Osteopathic Medicine. She is board certified in Internal Medicine, Geriatrics and Hospice and Palliative Care. She trained in Geriatrics at Johns Hopkins Geriatric Center in Baltimore, Maryland, and in Internal Medicine at Montefiore Hospital, Bronx, New York. She graduated from medical school at Mount Sinai School of Medicine in New York. She teaches in the AMDA Core Curriculum.

11:15 am – 12:15 pm General Session – Management of Pressure Ulcer, Diabetic Foot Ulcer and Venous Leg Ulcer

Speaker: Guibin Li, MD, PhD

In this session, Dr. Li will discuss the risk factors, management of three common ulcers, as well as dressing selection.

Session Learning Objectives

- Understand the risk factors for pressure ulcer, diabetic foot ulcer and venous leg ulcer
- Become familiar with the approaches to management of pressure ulcer, diabetic foot ulcer and venous leg ulcer
- Become familiar with the dressing selection for wound care



Guibin Li, MD, PhD went to Hebei Medical University in China and received her PhD in Pharmacology and Toxicology at the University of Kansas. She did her Internal Medicine Residency Training at Mount Carmel Health System and Geriatric fellowship training at the University of Michigan. She is an internist/geriatrician practicing in the inpatient and outpatient settings. She also provides wound care at OSU East Comprehensive Wound Care Clinic. She was recognized with the Award for Teaching Excellence by The Ohio State University Wexner Medical Center and best doctor in America in 2017 and 2018.