



5th Annual Ohio Long-Term Care Symposium Schedule

Friday, October 21, 2022

12:00 – 1:00 pm **Registration Desk Open**

1:00 – 3:30 pm **Hospice and Palliative Care Mini-symposium**

Moderator: Barbara Messinger-Rapport, MD, PhD, CMD, FACP, HMDC

Palliative Care Interventions in the Nursing Home

Speaker: Kathleen Unroe, MD, MHA, MS

Advance Care Planning in Ohio: Barriers in the LTSS Spectrum

Speaker: Barbara Messinger-Rapport

Controversies Involving Hospice in LTC

Panel: Barbara Messinger-Rapport, Susanne Noble, MSSA-LISW, Cynthia Struk, RN, MSN, PhD, Kathleen Unroe

Experienced speakers will be presenting pragmatic palliative care interventions in the nursing home and suggest opportunities to build internal capacity to deliver palliative care as well as work with external palliative care consultants. Barriers to advance care planning will be discussed, in the light of Ohio Revised Code and federal regulations in the nursing home. A panel will discuss challenges to implementing hospice and palliative care in the nursing home.

Session Learning Objectives

- Evaluate evidence-based, pragmatic, palliative care interventions in the nursing homes, including building internal capacity to deliver palliative care and working with external palliative care consultants
- Consider the barriers to advance care planning in Ohio, with a focus on Long-term Services and Supports
- Incorporate hospice and palliative care goals into the interdisciplinary team functions



Barbara Messinger-Rapport, MD, PhD, FACP, CMD, HMDC is a physician board certified in Internal Medicine; Geriatric Medicine; and, Hospice and Palliative Medicine, with additional certifications as a CMD and an HMDC. She is formerly Chair of the AMDA Education Committee and former President of the Ohio Medical Directors Association (OMDA). She is currently a Market Medical Director with Landmark Health in the Greater Cleveland area, encompassing Cleveland, Akron, Canton, Youngstown, and Columbus, coordinating wrap-around care for older adults with multiple medical co-morbidities. In her spare time, she enjoys cycling, cross-country skiing, jogging, and reading.



Susanne Noble, MSSA-LISW has been a Hospice Social Worker for Vinney Hospice of Menorah Park since July, 2009, providing care to patients across the spectrum of independent living, assisted living, and in the nursing home.

1:00 – 3:30 pm

Hospice and Palliative Care Mini-symposium (continued)



Cynthia Struk, RN, MSN, PhD currently serves as the VP of Health Services and Chief Health Office for Judson Services Inc., a non-profit continuous care retirement community, which has served northeast Ohio since 1906. She received her undergraduate nursing degree from Cleveland State University followed by a master's degree and nurse practitioner certification from Case Western Reserve University. She completed a PhD in Health Services Research in 2003 with a focus on the variables which affect health outcome in the home setting. Prior to joining Judson in 2018, she worked for Summa Health System and VNA of Ohio. She is a Board member of Leading Age Ohio.



Dr. Kathleen Unroe is an Associate Professor of Medicine and Geriatrics at Indiana University. Her career focus has been on the care of persons living with dementia in the nursing home setting. In addition to clinical practice, she is the principal investigator of three major federally funded trials centered on improving quality of life in this population. The first is the OPTIMISTIC trial which was a demonstration project for the implementation of a palliative care program in forty Indiana nursing homes. The other two are the Approaches project which seeks to implement an advance care planning program in 130 nursing homes and UPLIFT, which is clinical trial designed to establish a comprehensive palliative care program in sixteen nursing homes. Dr. Unroe serves on the editorial board of JAGS and has been the chair of the public policy committee of the AGS.

3:30 – 4:00 pm Refreshment Break

4:00 – 5:00 pm Concurrent Session – Clinical Track

Management of Common Orthopedic Issues in the Nursing Home

Speaker: Larry Rosenberger II, APRN, CNP

Session Learning Objectives

- Identify common orthopedic issues occurring in the nursing home.
- Examine assessment and diagnostic evaluation of common orthopedic issues in the nursing home.
- Discuss conservative management of common orthopedic issues in the nursing home and identify need for special referral.



Larry Rosenberger II, APRN, CNP obtained his Associate degree in nursing from Owens Community College 2005, Bachelor of Science degree in nursing from the University of Toledo 2008 and Masters degree in Nursing Family nurse practitioner from the University of Toledo 2012. As a nurse, he has worked in the medical surgical trauma intensive care unit at Saint Vincent Mercy Medical Center and is a surgical nurse at Blanchard Valley Health System and Saint Rita's Medical Center. As a nurse practitioner, he has worked in urgent care, family medicine and orthopedics. Currently, he works in a busy privately owned orthopedic surgery practice with multiple locations Northwest Ohio providing care for acute and chronic musculoskeletal conditions. He is nationally certified by the American Academy of nurse practitioners.

4:00 – 5:00 pm Concurrent Session – Management Track

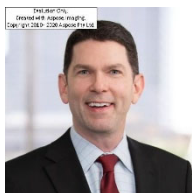
Negotiating Your Medical Director Contract

Speaker: Sean Fahey, JD

Medical Director Agreements are critical to establishing obligations and boundaries between the provider and the physician. There are a number of key provisions that Medical Director Agreements should have, including (a) the duties of the medical director; (b) compensation; (c) the licensure, criminal history, and exclusion status of the medical director; and (d) insurance and indemnity. Recently the Department of Justice has investigated False Claims Act violations arising from the alleged payment of kickbacks in the form of sham medical director agreements and payments to the spouses of referring physicians. This session will review the nuances of key agreement terms and address negotiation tips.

Session Learning Objectives

- Identify key terms and provisions of their medical director agreement that can and should be negotiated
- Identify key negotiation approaches to key terms and provisions of their medical director agreement
- Understand the key elements of noncompete clauses and the Biden Administrations new initiative on those



Sean Fahey, JD helps skilled nursing facilities, assisted living facilities, home health providers, and hospice providers navigate regulatory and compliance matters. Sean represents physicians and providers in designing, negotiating, and drafting medical director agreements. Sean represents clients in all areas of health care compliance, governance, transactions, Medicare enrollment, administrative appeals, agreements, accounts receivable, and reimbursement recovery. Sean counsels nonprofit clients on charitable operations and governance. Sean frequently speaks before national and state healthcare providers and associations on assisted living and skilled nursing facility issues.

5:00 – 6:00 pm Concurrent Session – Clinical Track

DVT Prophylaxis Following Reconstructive Orthopedic Surgery: Point/Counterpoint

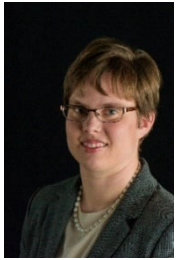
Speakers: Michael Felver, MD and Monica Ott, MD, CMD

Session Learning Objectives

- Identify the major studies that have led to multiple guidelines for post-operative anticoagulation
- Discuss reasons why aspirin remains controversial as the anticoagulant of choice
- Determine an appropriate anticoagulation regimen for an individual patient based on type of surgery and risk factors including but not limited to comorbidities.



Michael E. Felver, MD (OMDA Education Committee Chair) is an internist with a career focus and over twenty years of experience in post-acute care settings. He was the founding medical director for the Connected Care Program of Cleveland Clinic and has been the medical director for multiple nursing facilities. He serves as Treasurer of OMDA-The Ohio Society for Post-Acute and Long-Term Care Medicine.



Monica Ott, MD, CMD currently serves as the market medical director for the Indiana and Missouri markets of Senior Community Care within Optum. Dr. Ott currently leads the Medication OPTUMization initiative and works with the education team on clinical topics for the advance practice clinicians such as COVID-19. Prior to joining Optum, Dr. Ott worked for ten years as faculty in the Department of Internal Medicine and Geriatrics at Indiana University teaching medical students, residents, and geriatric fellows. Dr. Ott is board certified in Family Medicine and Geriatrics. She has been active in AMDA for many years and has a CMD. She previously served on the Clinical Practice Guidelines committee. Dr. Ott is a past AMDA Indiana chapter

president.

5:00 – 6:00 pm Concurrent Session – Management Track

Death Certificates: Getting to the Truth

Speaker: Anu Garg, MD

Session Learning Objectives

- Re-learn how to most appropriately complete a death certificate
- Identify all the steps to accurately complete the document
- Review common mistakes made when completing the certificate



Anu Garg, MD is an Associate Professor at the University of Toledo and is board certified in Internal Medicine, Geriatric Medicine and Hospice and Palliative Medicine. She enjoys teaching the residents, fellows and working on quality improvement projects. Besides academics, she likes to participate in community initiatives involving the local senior centers and Area office on aging. She has been actively participating in regional and national geriatrics conferences and presenting her scholarly works. Dr. Garg is passionate about improving quality of care for older adults and advancing the knowledge required to take care of frail and elderly population in the community. In her spare time, she likes to travel and dreams of taking art lessons one day.

6:00 – 7:00 pm Welcome Reception (Exhibit Hall open)

7:00 – 8:00 pm Dinner (Product Theater) and Sponsor Introductions

Saturday, October 22, 2022

7:30 – 8:30 am OMDA Membership Meeting (Breakfast Served)

8:30 – 9:00 am General Session -- AMDA Update

Speaker: Milta Oyola Little, DO, CMD (President-Elect AMDA)

Session Learning Objectives

- List the top AMDA Society priorities for 2022-2023
- Identify opportunities for advocacy at the state and national level
- Describe the benefit of AMDA membership to PALTC providers



Milta Oyola Little, DO, CMD is an Associate Professor of Geriatric Medicine at Duke University. She has extensive experience in caring and advocating for older adults across care settings. Dr. Little is the current President-Elect for AMDA: The Society for Post-Acute and Long-Term Care Medicine. Her primary scholarly interests are interprofessional education, deprescribing initiatives, and implementation of Dementia-Friendly programs across settings of care.

9:00 - 10:00 am

General Session -- Keynote

Social Determinants of Health and Health Disparities

Speaker: Robert Russell, MD, MBA

This session will be a brief history of racial inequities and health disparities.

Session Learning Objectives

- Learn how social determinates of health were identified
- Understand the challenges of providing care to diverse communities
- Identify how to overcome health disparities by better understanding patient circumstances



Robert Russell, MD, MBA is an internal medicine and geriatric physician. Dr. Russell is a post-acute care specialist, and recently received his MBA from the Kelley School of Business Physicians Leadership MBA program June 2022. He is currently a Medical Director for CommuniCare Health Services. Robert is the immediate past president for the Indiana Medical Directors Association and currently a member of the DEI committee for AMDA - the Society of Post-Acute and Long-Term Care Medicine. He has

recently accepted a position on Lilly's Alzheimer's advisory board and is also on the executive board of the Alzheimer's Association of Greater Indiana. Dr. Russell is a Hospice Director for Kindred Hospice, chairman of the Medical Advisory Board of CICOA, has published immunohistochemical Alzheimer's research while at Case Western Reserve before entering medical school.

10:00 – 10:30 am

Refreshment Break with Exhibitors

10:30 – 12:00 pm

General Session

Lessons from Learners Forum

Moderators: Ronan Factora, MD and Amanda Lathia, MD, MPHIL

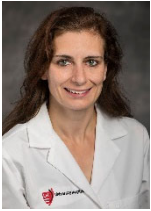
Geriatric research and quality improvement is being conducted in multiple settings throughout the State of Ohio. This session provides the opportunity for participants to present challenging patient cases and results of quality improvement and research projects. The design and implementation of research being conducted particularly in the long-term care environment will be reviewed. Cases from long term and post-acute care will also be presented and analyzed for opportunities for improvement in patient care. Discussion will provide the opportunity for input to those conducting studies to improve relevance to practice patterns. The goal of the session will be to present new ideas and delivery models and to identify patient care scenarios that impact patient outcomes.

Session Learning Objectives

- Describe the design and implementation process for conducting geriatric research in the long-term care environment
- Identify opportunities for geriatric research projects
- Analyze patient cases and identify areas for improvement in care policies and processes



Ronan Factora, MD is an Associate Professor of Medicine at the Cleveland Clinic Lerner College of Medicine at Case Western Reserve University and Program Director for the Geriatric Medicine Fellowship at the Cleveland Clinic Center for Geriatric Medicine. His areas of interest include Alzheimer’s Disease and related dementias, falls, elder abuse, and preserving functional independence. His current areas of research are in the areas of cognitive screening and assessment of decision-making capacity.



Amanda Lathia, MD, MPHIL is board certified in internal medicine and geriatric medicine. She is an assistant professor of medicine at Case Western Reserve School of Medicine and is the interim Division Chief of the Division of Geriatrics and Palliative Care at University Hospitals in Cleveland, Ohio. She is the program director of the geriatric medicine fellowship and also the medical director of the Foley ElderHealth Center at University Hospitals. She is the medical director of Judson Retirement Communities and Judson Hospice in Cleveland, Ohio. She is currently a member of the OMDA board.

12:00 – 1:00 pm

General Session

Speech Language Pathology and Long-Term Care: Aphasia and AAC

Speaker: Nancy Reinhardt, MACCC-SLP and Zara Gennert, ST

This presentation will help caregivers understand patients with communication challenges and how to better serve them. We will provide examples of communication strategies and alternative communication devices that may be helpful with communicating with this population. In addition, we will be reviewing different types of communication deficits that will likely be encountered in a long-term care setting along with examples. We will discuss ways to differentiate language, speech, and cognitive challenges and how to best communicate with these populations.

Session Learning Objectives

- Outline principal types of aphasia and key aspects of each
- Recognize methods for assisting patients with aphasia
- Identify challenges associated with caring for patients with impaired communication
- Differentiate language, speech and cognitive deficits



Nancy Reinhardt, MACCP-SLP spent the first 10+ years of her career working primarily in the SNF setting for various rehab companies- both as a staff therapist and as a senior therapist. She has experience with stroke rehab and aphasia services from time of hospital discharge through community re-integration. She currently serves as the sole SLP for the McGregor PACE program, serving seniors throughout Cuyahoga County who remain in the community.



Zara Gennert, MACCC-SLP is a Senior Speech-Language Pathologist at University Hospitals Health System of Cleveland, Ohio. She has cared for patients in both acute care and outpatient settings for 15 years, including to help patients deal with aphasia and develop personalized AAC for them.

1:00 – 2:00 pm

Lunch (Product Theater)

2:00 – 3:00 pm

General Session

Diabetes Management in Long Term Care

Speaker: Naushira Pandya MD, CMD, FACP

This presentation will discuss the challenges in diabetes care in post-acute and long-term settings, the scope of hypoglycemia, individualized treatment goals and selection of therapeutic regimens, improvement of care transitions, and care of diabetes at the end-of-life. The role of the medical director and strategies for the facility and practitioner to improve care will be reviewed.

Session Learning Objectives

- Understand the scope and challenges of managing diabetes in long-term care
- Select appropriate treatment goals and individualized therapeutic regimens
- Identify ways of improving facility and practitioner care practices for patients with diabetes



Naushira Pandya, MD, CMD, FACP is Professor and Chair of the Geriatrics Department at NSU, Kiran C. Patel College of Osteopathic Medicine, and the Project Director of the HRSA funded NSU South Florida Geriatrics Workforce Enhancement Program (GWEP). She is board-certified in Internal Medicine, Geriatrics, and Endocrinology and Metabolism, and is a certified medical director and a geriatrics fellowship program director. Dr. Pandya is Past President of AMDA, the national Society for Post-Acute and Long-Term Care Medicine and she has participated and led in the development of multiple clinical guidelines and position statements, and is a recognized for her work in the area of diabetes in the elderly. On a national level, she participated as a panelist in the White House Conference on Aging, and in the White House Conference on Antibiotic Stewardship, and served on Physician's Advisory Committee for the National Quality Forum, and as a member of College of Surgery Coalition for Quality in Geriatric Surgery. Dr. Pandya holds the distinction of being a Fulbright Senior Specialist Scholar.

3:00 – 4:00 pm

General Session

Hyponatremia: Assessment and Management

Speaker: Eric Snyder, DNP, APRN-CNP

Hyponatremia represents a relative excess of water in relation to sodium. It can be induced by a marked increase in water intake (primary polydipsia) and/or by impaired water excretion due, for example, to advanced kidney failure or persistent release of antidiuretic hormone (ADH). This topic provides an overview of the assessment and treatment of adults with hyponatremia, including the pretreatment evaluation, selection of initial and subsequent therapy, goals of therapy, and common pitfalls.

Session Learning Objectives

- Define and describe the effects of hyponatremia on the brain and the resultant presenting signs and symptoms
- Discuss the approach to the patient with hyponatremia including the differential diagnosis and treatment
- Define and discuss the risks of rapid overcorrection or delayed therapy for hyponatremia



Eric Snyder, DNP, APRN-CNP is a board-certified acute care nurse practitioner who partners with Twin City Medical Center in Dennison, Ohio to provide hospitalist care to the community that is served by their critical access facility. After spending nearly 24 years in healthcare, from working as a nurse's aide to serving as medical staff president of the hospital, Eric has experienced the delivery of healthcare from many different perspectives. Apart from his local organizational involvement in APP practice changes, Eric also has been on the Board of Directors for the Ohio Association of Advanced Practices Nurses for 5 years and is Co-Director of the Government Relations Committee which involves him in state APRN practice legislative initiatives. Eric was the recipient of the 2020 AANP State award for Clinical excellence and is a recent graduate of the inaugural class of the Common Spirit Health Provider Leadership Academy.

4:00 – 4:45 pm Refreshment Break

4:45 – 6:45 pm General Session

COVID-19 Panel Discussion

Moderator: Tom Lehner, MD, CMD

Panelists: John Weigand, MD

Randy Wexler, MD, MPH

A discussion with respect to the new and updated information about the COVID pandemic.

Session Learning Objectives

- Review the state of the COVID-19 in Ohio and the United States
- Update your knowledge base with the newest available information on mitigation and treatment of COVID-19 in the nursing home
- Become familiar with the latest information on virus variants, chronic COVID, and vaccines

Thomas Lehner, MD, CMD is the Medical Director for Long Term Care at the Buckeye Community Health Plan. He is board certified in Family Medicine, Hospice and Palliative Medicine and a Fellow of the American Academy of Family Practice. Dr. Lehner was certified as a Long-Term Care Medical Director (CMD) by AMDA – The Society for Post-Acute and Long-Term Care Medicine in 1998 and has been a member of the Society since 1996, is the Immediate Past President of OMDA – The Ohio Society for Post-Acute and Long-Term Care Medicine and a member since 2005. He also serves as the Medical Director for Kindred Hospice, the Co-Chief Medical Officer for the Ohio Dept of Aging's R3AP program and a member of the Clinical Advisory Council for the Ohio Department of Aging. Dr. Lehner is also a Medical Director for three Long-Term Care Facilities.



John Weigand, MD is a board-certified family physician who currently serves as the Medical Director of the Ohio Department of Health and the Ohio Department of Aging. He has a 24-year career specializing in Geriatric Care. Dr. Weigand is a graduate of the University of Akron and the University of Cincinnati College of Medicine. After residency at Akron City Hospital, he served in the United States Air Force Medical Corp and left active duty as a Major. In 2009, he founded Central Ohio Geriatrics LLC located in Granville Ohio. Among the awards he has received, he earned the 2020 LeadingAge Ohio "Spotlight Award" for the lifesaving innovation of the Post-Acute Regional Rapid Testing (PARRT) Program.

Dr. Weigand lives in Granville with his wife, Jan.



Randy Wexler, MD is Professor of Family Medicine and the Academic Vice Chair in the Department of Family and Community Medicine at the Ohio State University. He received his undergraduate degree from Miami University in Oxford, his Medical Degree is from the Wright State University in Dayton, and his MPH is from the School of Public Health at the Ohio State University. Dr. Wexler has received research funding from NIH, AHRQ, the State of Ohio (Medicaid).